

# Volvat acquires Nimi - strengthens public health efforts in Norway

**For nearly four decades, Nimi has turned sports medicine principles into folk medicine. Volvat's acquisition of Nimi marks a further strengthening of the offering to patients. In new premises at Storo, a power centre is being established as part of Volvat's public health work.**

## **Unique competence**

Nimi is a leader in the treatment of injuries to joints, muscles and bones and has a comprehensive offering in the field of health and lifestyle diseases. Nimi has pioneered activity-based prevention and rehabilitation in a Norwegian and international context.

Nimi was founded as a specialist environment for the treatment of athletes in 1984. Today, Nimi is a fully developed medical specialist centre for most people, with training, prevention, rehabilitation, and specialist services. In collaboration with the Norwegian School of Sport Sciences and Oslo University Hospital, Nimi's research department has contributed to new methods and standards for patient care.

- We look forward to getting Nimi on board with over 120 new, skilled colleagues. Nimi's unique expertise in the intersection of sports medicine and public health is a solid addition to our services, says Per Helge Fagermoen, CEO of Volvat.

## **Public health efforts**

Musculoskeletal Disorders (MSDs) are our biggest and most expensive public health problem. They account for the majority of sick leave in Norway. This results in significant costs for the individual, but not least for society.

- The takeover of Nimi is important to us and allows us to provide an even better offer to patients. Not least, this is part of our corporate social responsibility. We want to strengthen Norwegian public health and prevent sick leave and exclusion. This is vital for maintaining the sustainability of our welfare society, says Fagermoen.

Nimi currently operates out of premises at Ullevål Stadion but will move into new and modern premises at Storo towards the end of the year. In addition to Nimi, the new Volvat centre will also house a medical centre with an emergency department and a large surgical unit with as many as five operating rooms.

## **The "Nimi Spirit" continues**

For the past five years, Nimi has been part of the LHL. Frode Jahren, Secretary General of LHL, is very pleased that Volvat will develop Nimi further. During his years as owner, LHL

has preserved and developed the "Nimi Spirit"; the interdisciplinarity and enthusiasm for safeguarding one's health through activity.

- For almost 80 years, LHL has contributed to helping people live better lives. We are going to keep doing that! We see that the existing service offering at Nimi will be even better as an integral part of the highly skilled medical community at Volvat. It is very exciting that Volvat's tradition and expertise in medical care are strengthened with an investment in public health," says Jahren.

### **Our Minister of Health**

- Although Bent Høie owns and manages the public hospitals, he is also our Minister of Health. Høie has been clear about the importance of activity and good public health work for the sustainability of our welfare society, says Per Helge Fagermoen.

He adds:

- This is our response to the Minister's request. We want to show that privately owned hospitals can also take social responsibility in the same way – and preferably in cooperation with – the public hospitals. We are proud that we can now offer services with short waiting times and solid quality – within the entire spectrum of health services, says Fagermoen.

## **Contact**

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### **About Volvat Medical Centre AS**

Volvat Medical Centre AS was established in 1985 and is Norway's first privately owned hospital. Today, the Volvat Group is one of the country's leading private health companies for patients across the country.

Volvat has 20 centres located in Oslo, Fredrikstad, Moss, Hamar, Lillehammer, Bergen, Trondheim and Tromsø. The centres have a wide range of medical services ranging from health-promoting and preventive work to treatment and rehabilitation. Volvat has hospital approval in Oslo, Fredrikstad, Bergen, Trondheim and Tromsø.

Volvat is owned by Ramsay Health, which also operates large hospitals and medical centres in Sweden, Denmark, France, the United Kingdom, Italy, Malaysia, Singapore, Indonesia and Australia.



Volvat's quality strategy is based on the group's vision "Always to help", which forms the foundation of the company, rooted in modern medicine and modern management. Volvat is uncompromising when it comes to patient safety, quality of delivery and continuous improvement of all services. Therefore, all clinical departments are ISO-certified according to the quality standard 9001: 2015 and the environmental standard 14001: 2015.

Per Helge Fagermoen is Volvat's Chief Executive Officer.