

The Ramsay Santé Barometer

« The French, the Europeans and health prevention »

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Ramsay Santé conducted a European barometer on health prevention

- To speak out on the subject, in the press and to the public authorities
- A European Benchmark to talk about the attitude of the French towards prevention
- Presentation of a selection of questions
- Full results are available if needed but the zoom countries outside France are a limited sample so it is difficult to draw conclusions

Methodology



Collection

Survey conducted with:

- of a sample of French people interviewed by internet from September 14 to 15, 2022.
- of a sample of Europeans interviewed by internet from 20 to 27 September 2022.



Sample

- Sample of **1,005 French people** representative of the French population aged 18 and over.

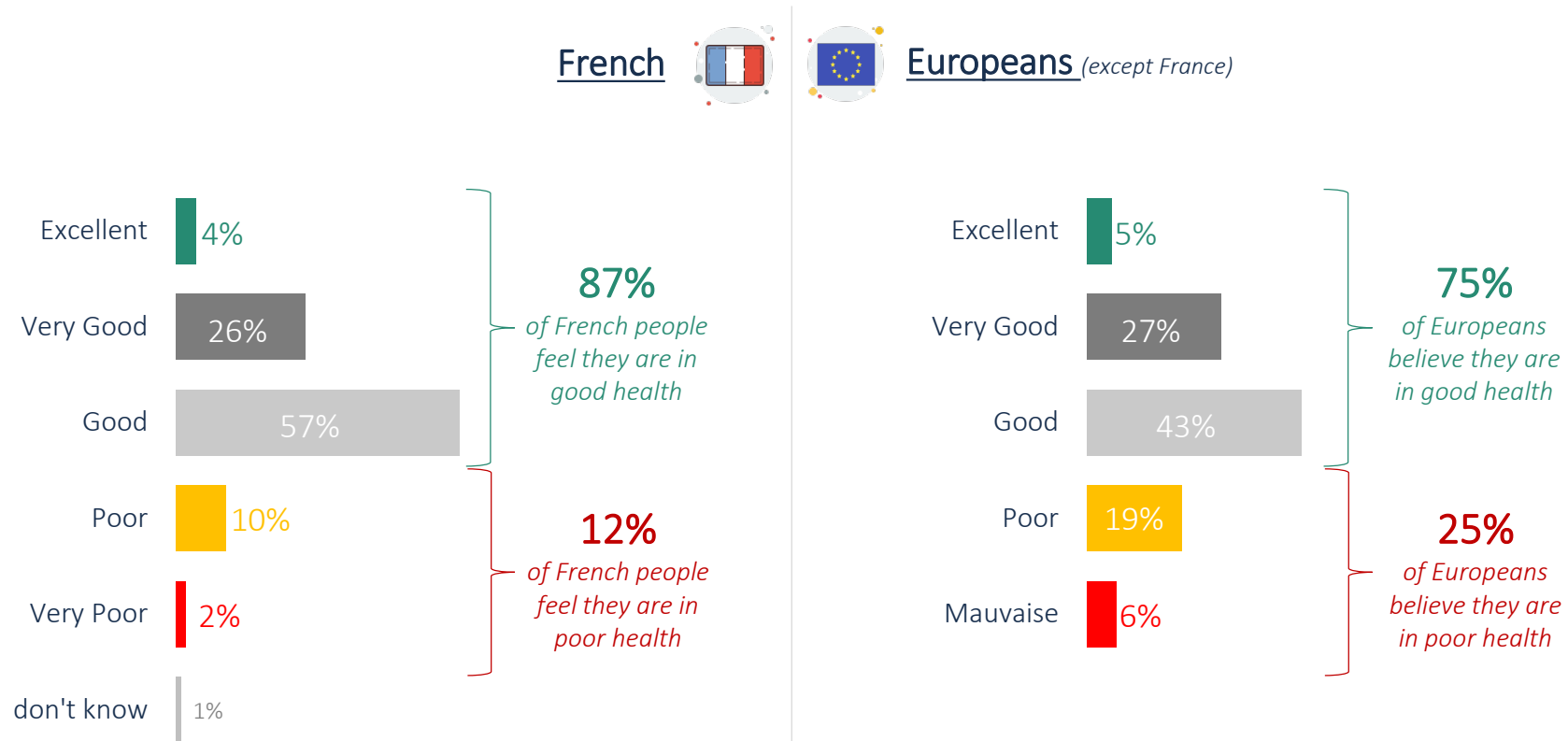
The representativeness of the sample is ensured by the quota method applied to the following variables: gender, age, level of education and profession of the interviewee after stratification by region and category of agglomeration.

- Sample of **2,008 Europeans (including 502 British, 502 German, 502 Italian and 502 Swedish)**.

Representative sample of the population of each country aged 18 and over (gender, age, CSP, regions).

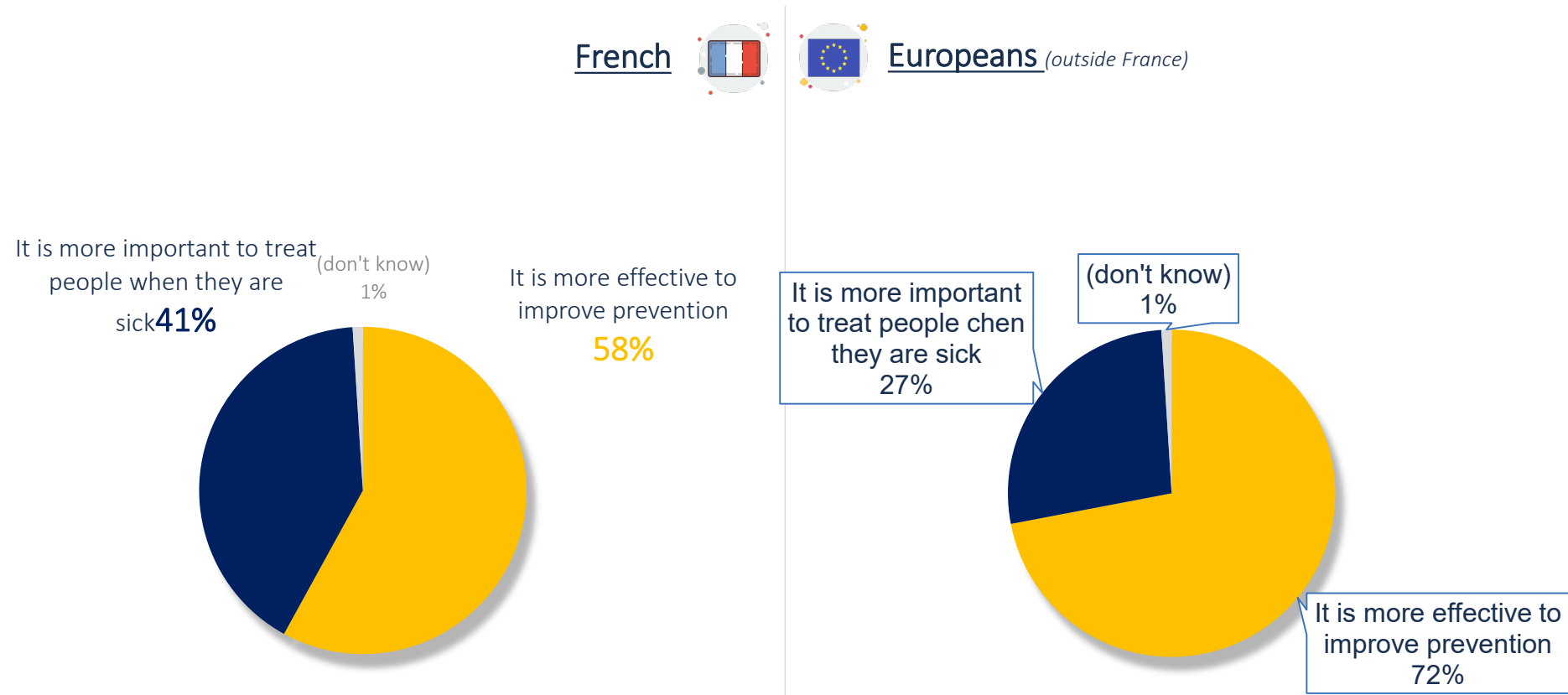
Nearly 9 out of 10 French people feel healthy

Overall, would **you** say your health is...?



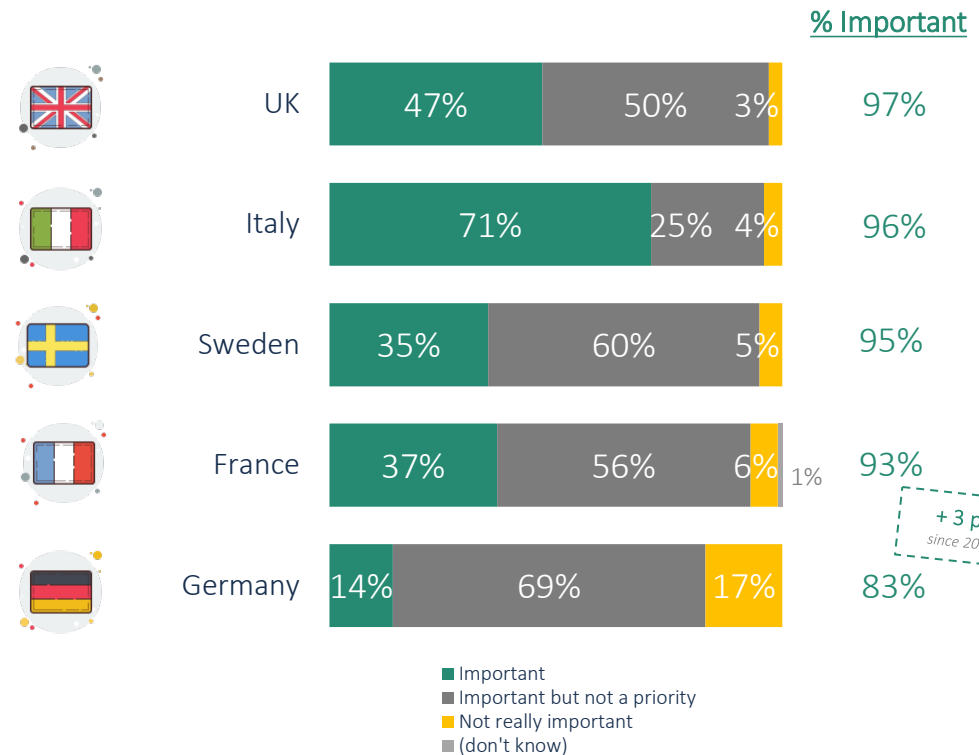
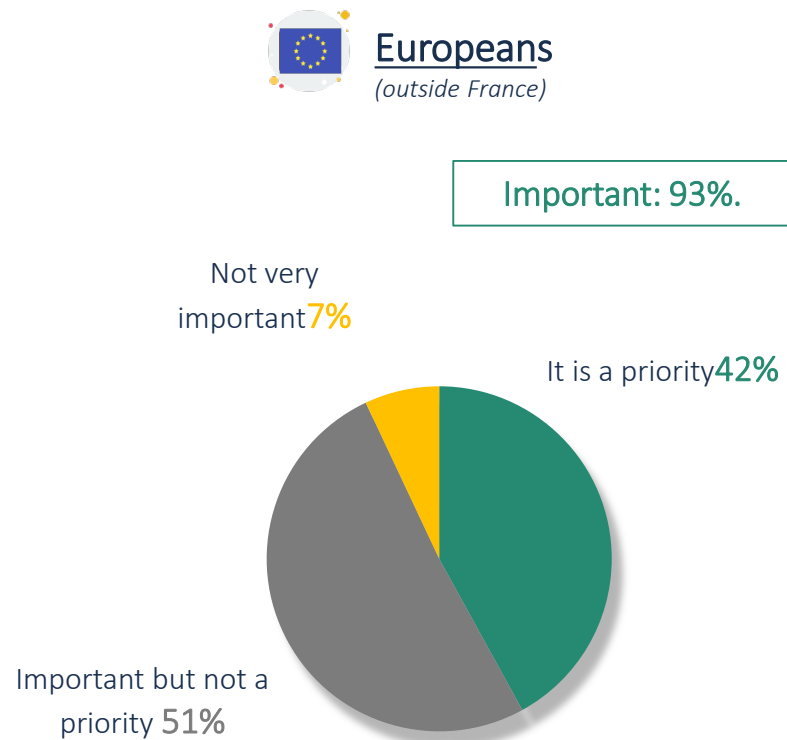
For 6 out of 10 French people, prevention is more effective than treatment in achieving a healthy population

To have a healthy population, do you think that it is more effective to improve prevention or on the contrary that it is necessary to better treat people when they are sick?



Fortunately, for the French, as for their European neighbors, prevention is well perceived as a major issue by the public authorities

And do you feel that the issue of prevention is a priority, important but not a priority or not really important in your country's health policy?



Two-thirds of French people are familiar with the concept of healthcare prevention

Preventive health care is the set of preventive actions carried out with the aim of avoiding or reducing the appearance, development and severity of accidents, diseases and handicaps that may affect all or part of the population. The various actors in preventive health care implement legislative, financial, educational or behavioral measures to preserve the health capital of individuals.

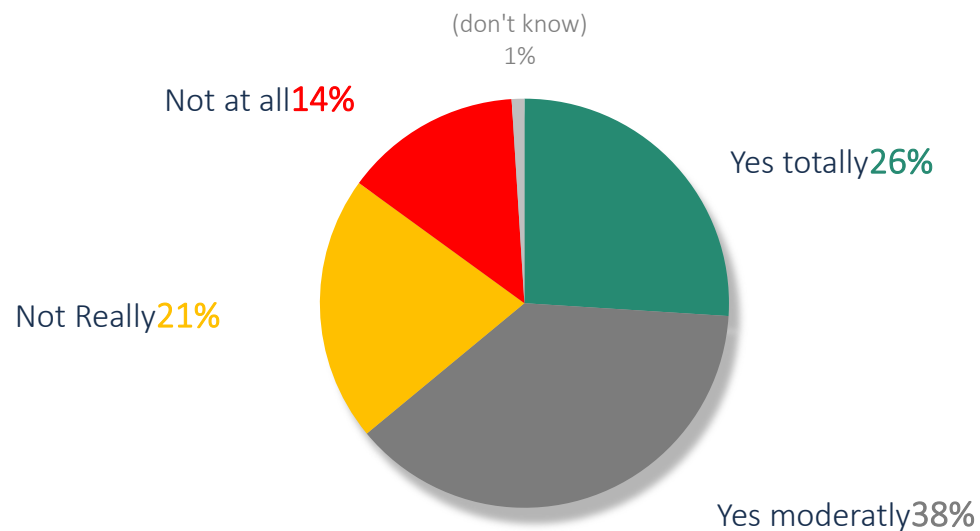
Is this something you personally have heard about?



French

No: 35

Yes: 64



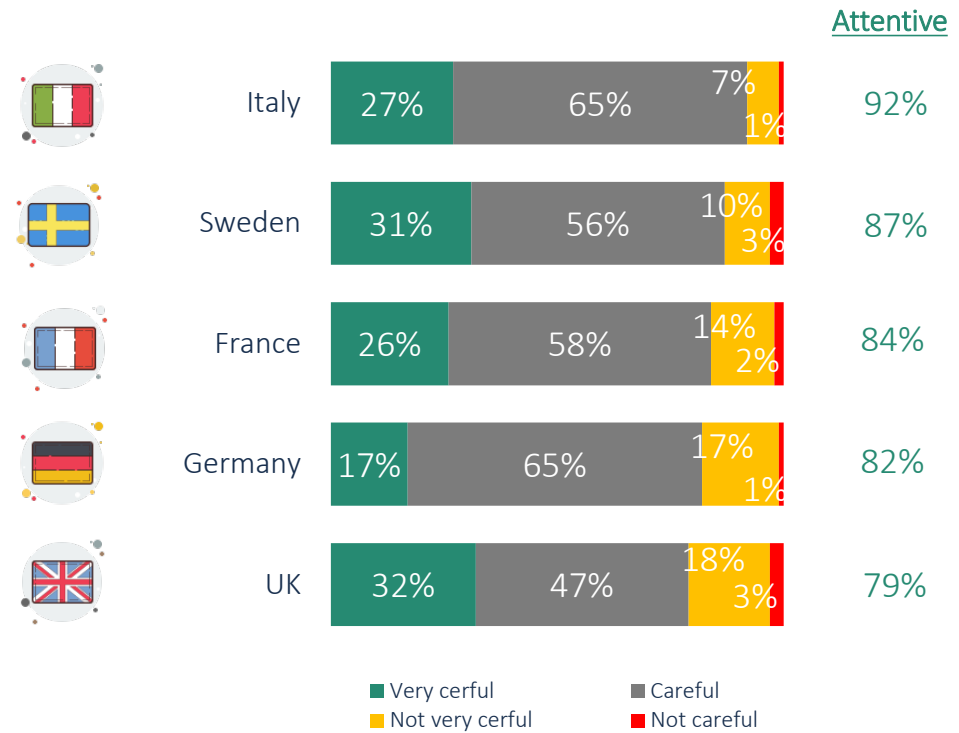
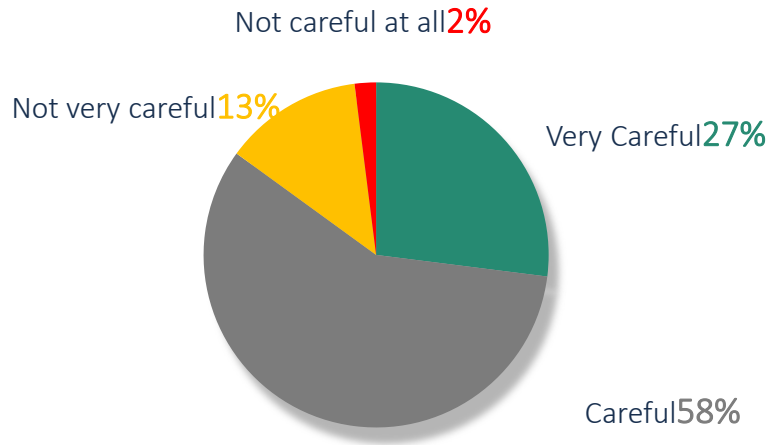
In France, as elsewhere in Europe, people are now careful to the preservation of their health

Would you say you are very careful, somewhat careful, not very careful, or not at all careful to prevention/preservation of your health?

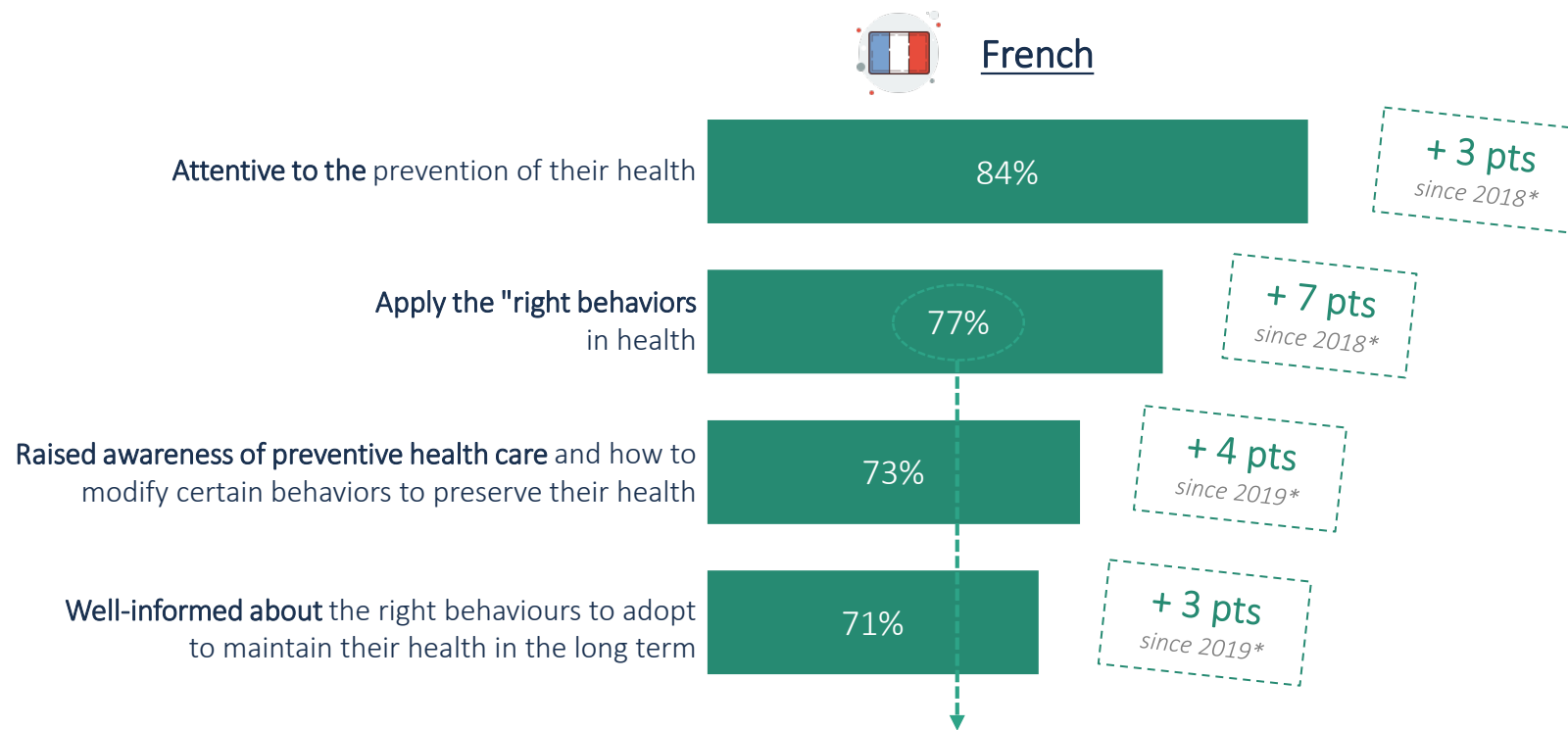
 **Europeans**
(outside France)

% Little/Not careful: 15%

% Careful : 85%



Well-informed and well-sensitized, many French people apply the right behaviors in terms of prevention and health



Regarding "good health behaviors"...

The French already know and practice "good health behaviors":
on the ten or so behaviors tested (alcohol, tobacco, meat, sleep, etc.)
all have adopted at least one (97%)
and 73% have adopted at least half of these behaviors

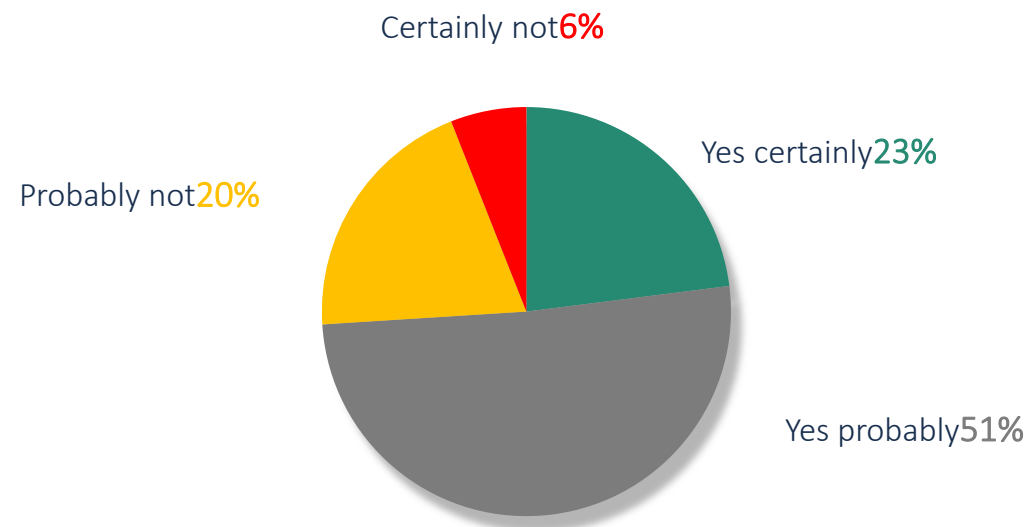
Three quarters of French people are willing to go to a health center that organizes prevention activities

Would you be willing to go to a health center that organizes preventive actions covered by the health insurance (vaccination, monitoring of chronic diseases, etc.) for the monitoring of your daily health?



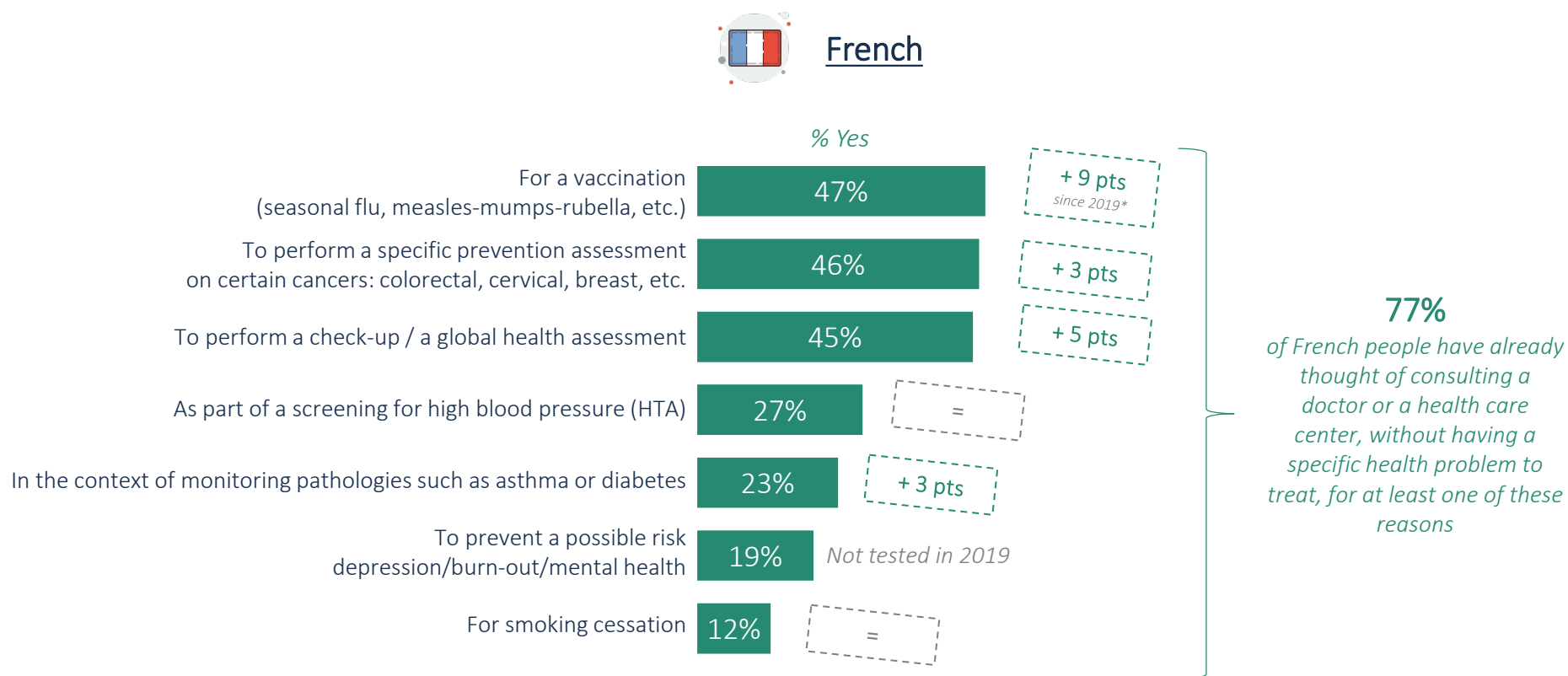
No: 26%.

Yes: 74%.



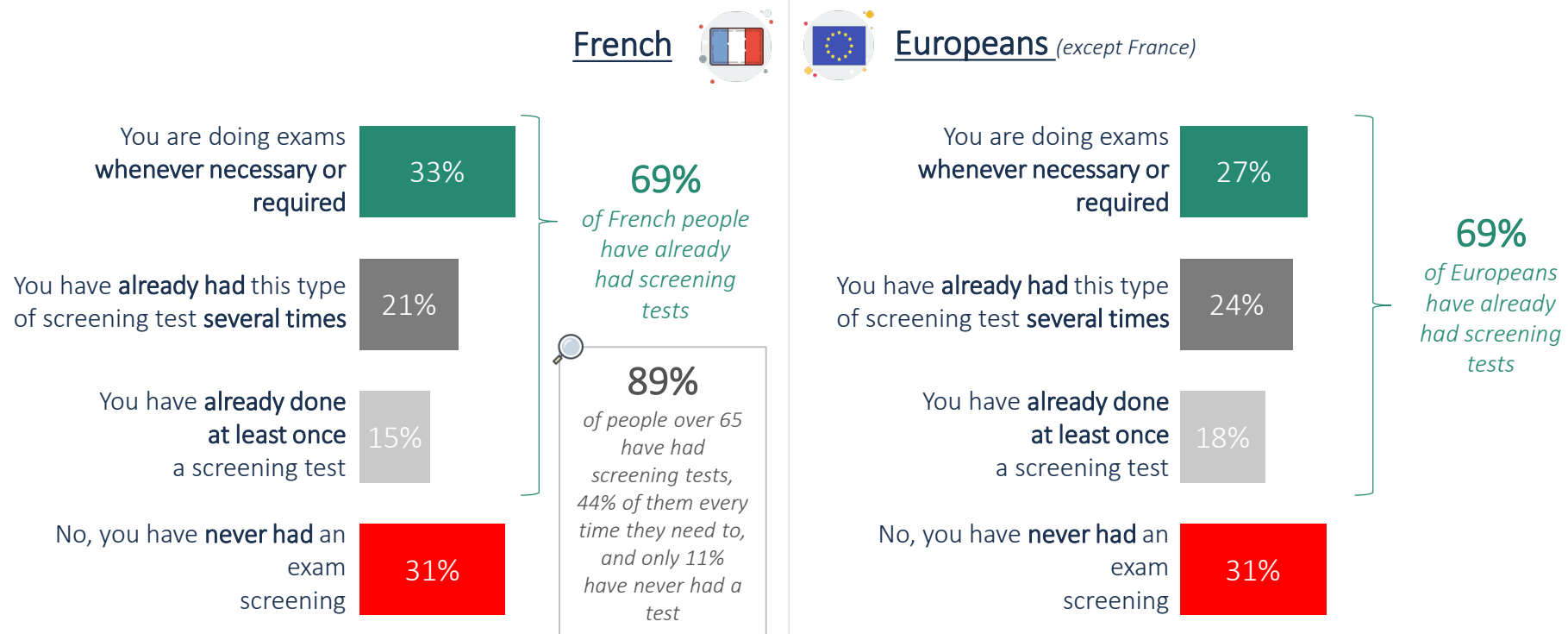
In fact, they already do a lot of preventive consultations

And have you ever thought of consulting a doctor or a health center preventively, without having a particular health problem to treat?



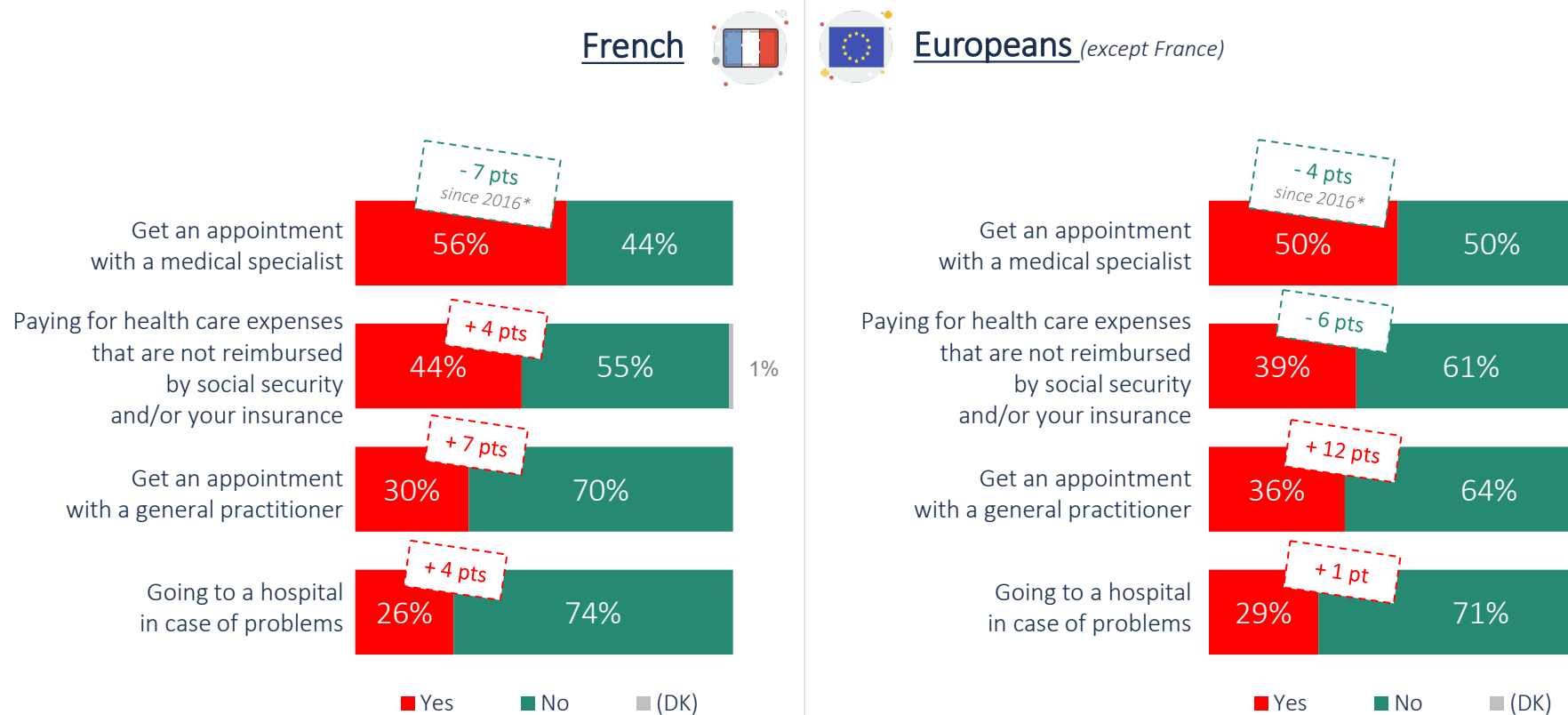
In fact, 7 out of 10 French people undergo screening tests, including 1 out of 3 each time it is necessary or required

Do you ever have screening tests such as cancer screening (colonoscopy, mammography, etc.) or cardiovascular disease screening (stroke, etc.)?



Too many French people still have difficulty paying for health care or getting an appointment with a specialist

Do you personally encounter difficulties in...?



Nearly one French person in three does not have a referral doctor (12%) or has difficulty obtaining an appointment with him/her (20%)

Do you have a referring physician?



French

32%

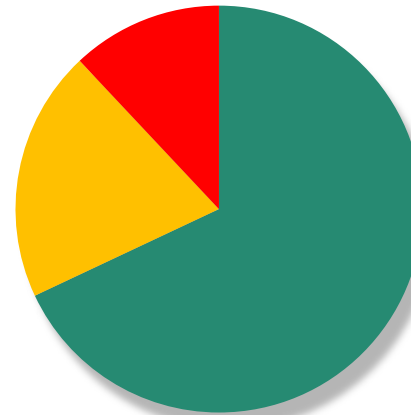
of French people have difficulties to get an appointment with their referral doctor or do not even have a referral doctor

88%

of French people have a referral doctor

No don't have a referral doctor **12%**

Yes with difficulties to get an appointment **20%**



Yes with no difficulties to get an appointment **68%**

Main findings of the barometer

- **Preventive health care is gaining ground in France, for the French, prevention is even more effective than treatment**
- The public authorities, at a "macro" level, have taken the measure of the subject: more than 9 out of 10 French and Europeans think that prevention is important, even a priority, in their country's health policy.

- **However, we can still do better because ...**
- Most French people do get screened, but 67% do not do so "systematically" or "whenever necessary".
- In addition, many of our citizens have difficulty paying for their health care expenses or making appointments with their referring physician (when they have one)

Thank you



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